

2016 Escape Run Gardner Village – 10K/5K

Escape Gardner Village



5K/10K Run in Prison Garb

Sept 3, 2016

Runners Guide

Sept 3, 2016

Index

- Introduction.....3
- Sponsors.....4
- Race Agenda.....5
- Parking.....5
- Course Maps.....6-7
 - 10K/5K.....7
 - More Races.....8



Dear Escape Runners,

The Escape Race has moved from Ogden to Gardner Village in 2016. With that we will have the fun that comes with being a part of Gardner Village.

This course is an out and back for the 5K and an out and back twice for the 10K. During the start we will set up a prison with bars for runners to run out of and hit the course. On the course runners will have aid stations but along the path will have volunteers dressed as police with squirt guns to shoot runners as they try to run the course. With the weather forecast being a cool 81 degree high the extra water will be welcome.

As you finish we will have some extra water fun to finish you off. We hope you did not expect to run and not get wet. The first place podium is so much fun. It is literally a dunk tank full of water. Many other runners end up in the tank by the end of the day.

Volunteering or being a copper is a method to get races for free. On Hill Events does an incredible volunteer program with a \$50 credit per race for those willing to help out. This credit can be used for any future race up to 13 months from the date you volunteered. This way if someone volunteers on one of our races they can race it the following year. Register Here: <https://www.raceentry.com/races/escape-gardner-village/2016/volunteers/register>

This race is more fun than run but still some run. We hope you run free, but you most likely will be wet.

Thanks for Racing,

Joe Coles – Race Director On Hill Events

Escape Gardner Village



5K/10K Run in Prison Garb

Sept 3, 2016

Sponsors



Layton - Roy
Ogden - Syracuse

Race Agenda

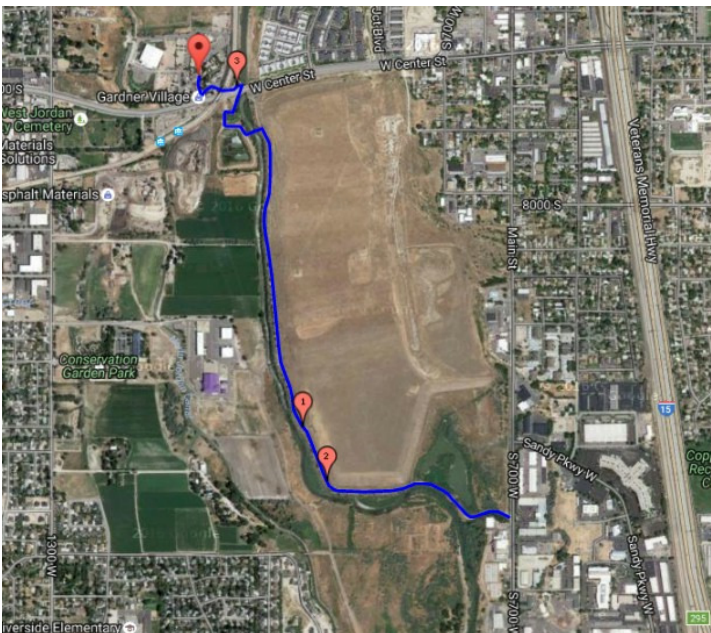
Saturday September 3, 2016

- **7:30AM to 8:30AM –Packet Pickup at Finishline at the Watertower at Gardner Village 1100 West 7800 South West Jordan Utah.**
- **8:30AM – Prisoner Orientation**
- **9:00AM – Jail Break or Start Race**
- **10:00AM – Awards Starts**

Parking

There is plenty of parking out and around the outside of Gardner Village. We strongly recommend parking in the back to help us have less traffic for the runners. We also recommend using the West Entrance to enter or exit as well. There is some construction occurring on the East side and it may force to the wrong side of Gardner Village.

Course Maps



The course is out and back on the Jordan River Trail. The 10K repeats the course so runners can get extra wet along the run.

2016 On Hill Events:

Eggs Legs 5K (Easter) – March 26
Legacy Duathlon – April 9
50 CENT 50 Mile (4 Per Relay/Bike/Half Mar) – May 7
Mt Green Half Marathon/10K/5K - May 28
Drop13 Half Marathon/5K – June 11
Provo Midnight Run – Nighttime Glow Stick Half Marathon/10K/5K – June 24
Logan Triathlon – Spr/Oly – July 9
Legacy Midnight Run – Nighttime Glow Stick Half Marathon/10K/5K – July 15
Layton Triathlon – Spr/Mini/Kids - July 30
USAT Tiger Trout Triathlon – Aug. 13
East Canyon Marathon – 26.2/13.1/10K/5K – Aug. 27
USAT Bear Lake Brawl Tri – Spr/Oly - Sept. 10
USAT Bear Lake Brawl Tri – 70.3/140.6 - Sept. 19
Layton Marathon/Half/10K/5K – Oct. 10
USAT Powell3 Tri Challenge – Spr/Oly - Oct. 24
Frightmares Lagoon Half Marathon – 13.1/10K/5K -TBA
Utah Santa Run Series – Dress as Santa
SLC Santa Run 5K – Nov. 19
Ogden Santa Run 5K – Nov. 26
Provo Santa Run 5K – Dec. 3

www.OnHillEvents.com

Added Races to 2016:

Escape Run 5K/10K at Gardner Village (Dress as an Inmate and run from police volunteers) – September 3, 2016

Witch Run 5K at Gardner Village (Dress as a Witch or Warlock) – October 1, 2016

Santa Run 5K at Gardner Village (Dress as Santa Claus) – December 10, 2016